



LCSP Register Of Remedial Masseurs And Manipulative Therapists
(a company limited by guarantee)

Annual General Meeting 2024



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Annual General Meeting 2024

Notice is hereby given that the Annual General Meeting of the Company will be held as a virtual 'Zoom' meeting (**Zoom meeting code 850 458 4558 passcode lcsp**) on Saturday 15th June 2024, commencing at 1100 a.m., when the agenda will be as follows:

1. The President's opening address.
2. Apologies for absence.
3. To receive the Reports and financial statements for the year ended 31st. December 2023.
A copy of the reports and statutory accounts has been circulated.
4. To re-appoint Bemment Cooper as reporting accountants to the LCSP Register until the conclusion of the next Annual General Meeting.
5. Elections: To re-elect Mr. M.R. Eyres as President.
6. Elections: Council of Management: (Note 2).
To confirm re-election of S.G. Foster and J Revell to the Board
7. Any other business already notified to the Secretary.
8. The President's closing remarks.

Notes:-

1. Any member who is entitled to attend and vote at the above annual general meeting, and is unable to attend, should appoint a proxy to attend and vote on their behalf at the meeting. A proxy form has been circulated.

Please note that all fully paid up members are entitled to vote. Only Honorary members are not entitled to vote.

2. Subject to the elections for President and the Board members, the following members have been / will be appointed and are willing to continue in office for the following terms of office.

| | |
|-------------|------------|
| B.B. Harper | (1 year) |
| P. Kelly | (1 year) |
| J. Revell | (3 years) |
| S.G. Foster | (3 years) |
| T Paine | (2 years) |
| J. Graveson | (2 years) |

President's Report

June 2024

Tempus fugit - time flies!

I was reminded that it has been 50 years since Abba won the Eurovision Song Contest. How can it be that long ago that I donned my flared trousers, wore platform shoes and needed a comb for my hair?

We all have busy lives and time does indeed seem to fly by!

When I was in full-time practice, although very busy, I managed to get everything done and, apart from the occasional delayed patient, stayed more or less on schedule with time to spare.

Now that I am semi-retired, with fewer patients attending my clinic, strangely, there seems to be less time to get things done.

When my retired patients and friends told me that they were so busy, they didn't know how they ever found time to go to work, I didn't understand what they were on about, but now I do.

It has been a year since I had the great honour and privilege of being elected as your President, but where has that year gone? It seems like yesterday, but now the time has come to provide my first annual report.

I am pleased to report that the Board and those involved in running this great organisation of ours have not been wasting time.

We have been busy keeping the LCSP Register at the very forefront of our profession and continue to provide good value service and expertise for our members.

Our monthly coffee mornings have been a great success and we have been able to welcome a range of excellent speakers who have provided us with informative and interesting talks. Sometimes we have just taken the opportunity for more informal chats between members and old friends, with an exchange of ideas and advice, which I think is particularly important with many of us working in isolation.

Steve Foster (Fozzy) and myself have been forging stronger links with training organisations with the hope of attracting new members. This included a trip to Ireland, liaising with a professional organisation over there. We have also represented the LCSP on the Board of the GCMT at regular meetings both via zoom and in person, where we exchange ideas with others in our field, keeping us up to date with what is going on in the profession as a whole.

Les Davies and Vic Johnson have been keeping a tight rein on our finances and investments in these very difficult financial times, to ensure that we are in a healthy financial situation.

Jade Revell and Jo Graveson have been busy keeping us old dinosaurs up-to-date with the social media side of things and making sure our website is well-maintained and functional.

Beryl Harper and Pauline Kelly, with their years of experience, have continued to deal effectively with pastoral care and CPD matters.

Tim Paine along with Jade Revell have been busy on educational matters keeping us all up to date with the latest developments in academia.

A special mention to Christine Frosdick our office administrator, who was admitted into hospital just as renewals had started. Whilst there, she insisted that her husband bring in her laptop so she could continue the sterling work that she does for us from her hospital bed! We wish her a full and speedy recovery.

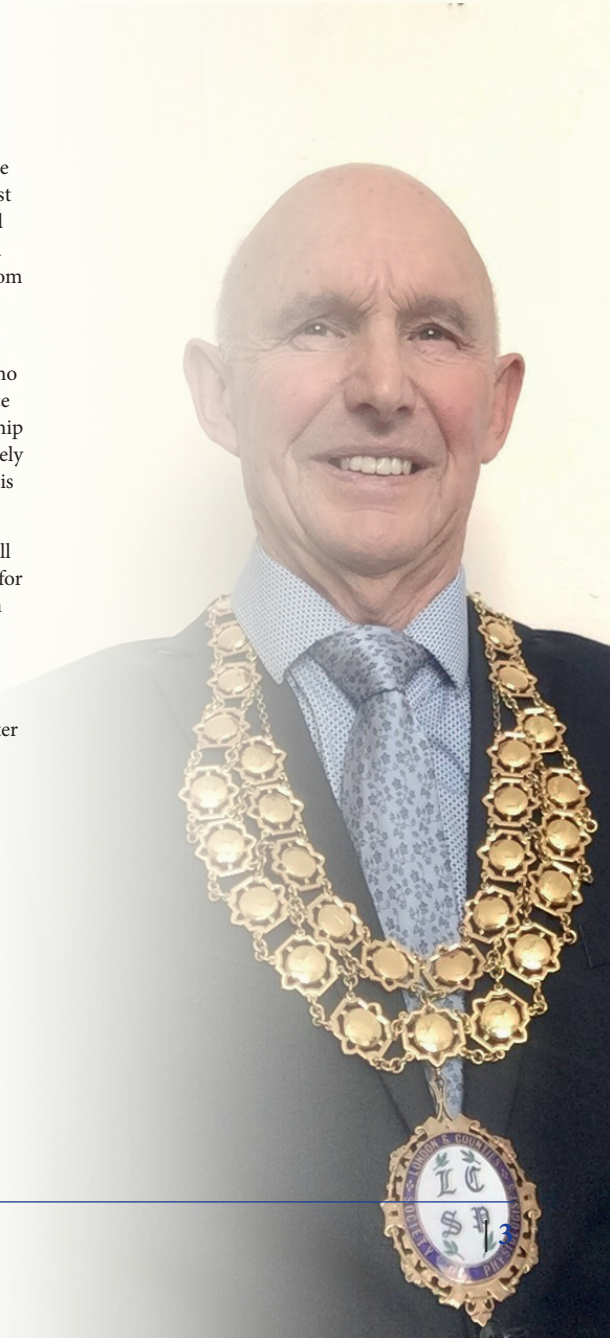
And of course, we are indebted to Steve Foster who holds everything together with his vast experience and is always on hand to help with any membership problems. Special thanks to him for working closely with me in my first year as President and for all his help and advice.

I also give my heartfelt thanks to the Board and all those associated with the running of our Society for all their hard work and for the time they invest in making LCSP Register what it is today.

Finally, I thank you all, the members, for the honour granted to me in my role as President. I shall endeavour to continue to support the Register to the best of my ability over the year ahead.

May God and good fortune keep you safe throughout the following year.

Melvyn Eyres,
President, LCSP Register



Directors Report 2024

The concerns of the world pandemic seem a distant memory now but our daily lives have still been massively affected since with further ongoing International troubles affecting so many innocent people only a matter of hours away, unprecedented rises in energy costs having a direct impact on inflationary factors and therefore cost of living and now to cap it all we have to endure at some stage the charade that embraces a General Election here in the UK, the claims and counter-claims, promises galore and the obligatory kissing baby photo opportunities! It is a most testing time to be in any business and I am full of praise and admiration for you all who continue to work though all the above stress factors to provide excellent care to your patients and clients on a daily basis.

No business is exempt from the spiralling costs associated with continued operation and naturally the LCSP Register has been impacted also, but unlike many other organisations who simply 'pass the increased costs on', the Board of the LCSP Register consider that its members are still 'family' and have yet again this year absorbed these increases and have not passed on anything to you, so your membership fees have again remained the same. This is yet another way that we can help to support you in these difficult times.

This Annual Report is to give you an overview of how the LCSP Register is performing including how we wish to continue to deliver good longer term value to you as a member, whilst maintaining a strong and sustainable base for the future. Our goal is to deliver efficient and exceptional service and support and also provide investment in the future.

To this end there has been further significant investment in developing both the website and social media presence of the LCSP Register. This development is to enhance our presence and position with both practitioners and public alike. We have to approach changes confidently and carefully but not lose sight of our core member-based values. General communication and dissemination of information is clearly key in our particular area of interest and activity and we consider active member engagement and support to be the bedrock upon which the Register is based. We continue with the regular format of Zoom meetings on the last Thursday of each month alternating between just regular catch up meetings with tutorial sessions (all of which constitute free CPD activity). There has likewise been a significant increase in the support packages available to members with meetings dedicated to Mental Health Awareness, Peer Support Group and New Graduate Advice Forum and a Mentor facility being taken up by newly qualified therapists. The Register has also expanded the range of trade suppliers within our Affiliated Business Partnership scheme which allows members to access special discounts exclusive to the LCSP Register. Overseeing these developments we are indebted to Jo Graveson who has proved invaluable in her attention to both detail and content.

The smooth running of the Register is an efficient team effort and, on your behalf, I would like to thank all the Board members for their unwavering commitment and dedication to our organisation. Each and every person is fully engaged and involved in their respective areas. Jo Graveson within the IT, Jade Revell and Tim Paine oversee

training standards and courses, Beryl Harper and Pauline Kelly deal with CPD issues and pastoral care, (which is an important area and often overlooked). Les Davies and Vic Johnson are such prudent guardians of our finances hunched over candle lit ledgers with quills scratching, but we could not be without them. Our President Melvyn Eyres is still involved with National Bodies in our sector and regularly attends meetings on our behalf. Our administration office in Lowestoft is manned by Christine Frosdick or as we now know is really 'Wonder Woman!' How else could you describe a person who was working from her bed whilst confined in hospital. This loyalty and dedication to your service is beyond normal and we are so lucky to have Chris as part of our team. Finally, I suppose we have to mention him, Steve Foster. Fozzy is quite simply the epicentre of all the constituent parts. He quietly instructs, collates and disseminates and maintains a smooth, efficient and seamless operation that we sometimes take for granted. His knowledge and experience of our work sector is unparalleled and second to none. He is simply not normal, he

never sleeps, trust us, emails have a time on them. We are acutely aware that he deals with e mails and telephone calls each and every day often resolving questions and issues straight away. This accessibility is a major factor in the high profile and efficiency of the Register. We are very fortunate to have Fozzy at our helm.

Looking forward we intend to develop the range and quality of our support services to promote retention of members and enhance long-term value to the membership. Also as part of a recruitment strategy we will engage with training facilities and initiate working collaborations to mutual benefit. It is important to balance effort, time and resources thereby ensuring we continue to deliver what is promised to our members and assist them in achieving both their business and professional goals.

For and on behalf of the Directors of 'LCSP Register of Remedial Masseurs and Manipulative Therapists' May 2024



Annual Report and Unaudited Financial Statements

For the Year Ended 31 December 2023

Company Information

| | |
|-------------------|--|
| Directors | B B Harper M Eyres |
| Company secretary | S G Foster |
| Registered office | 38A High Street Lowestoft Suffolk NR32 1HY |
| Accountants | Bemment Cooper 101 Bridge Road Lowestoft NR32 3LN |



Accountants' Report to the Board of Directors on the Preparation of the Unaudited Statutory Accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists for the Year Ended 31 December 2023

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists for the year ended 31 December 2023 as set out on pages 3 to 4 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Directors of LCSP Register Of Remedial Masseurs And Manipulative Therapists, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists and state those matters that we have agreed to state to the Board of Directors of LCSP Register Of Remedial Masseurs And Manipulative Therapists, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than LCSP Register Of Remedial Masseurs And Manipulative Therapists and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that LCSP Register Of Remedial Masseurs And Manipulative Therapists has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of LCSP Register Of Remedial Masseurs And Manipulative Therapists. You consider that LCSP Register Of Remedial Masseurs And Manipulative Therapists is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

Bemment Cooper

Bemment Cooper
101 Bridge Road
Lowestoft
NR32 3LN
11 April 2024

LCSP Register Of Remedial Masseurs And Manipulative Therapists

(Registration number: 04218641)
Balance Sheet as at 31 December 2023

| | 2023 £ | 2022 £ |
|--|-----------------|-----------------|
| Fixed assets | <u>408,540</u> | <u>408,828</u> |
| Current assets | 190,275 | 224,224 |
| Prepayments and accrued income | 6,777 | 8,228 |
| Creditors: Amounts falling due within one year | <u>(13,344)</u> | <u>(11,212)</u> |
| Net current assets | <u>183,708</u> | <u>221,240</u> |
| | <u>592,248</u> | <u>630,068</u> |
| Capital and reserves | <u>592,248</u> | <u>630,068</u> |

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

38A High Street
Lowestoft
Suffolk
NR32 1HY

These financial statements were authorised for issue by the Board on 13 April 2024.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 9 (2022 - 8).

LCSP Register Of Remedial Masseurs And Manipulative Therapists

(Registration number: 04218641)
Balance Sheet as at 31 December 2023

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

For the financial year ending 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Approved and authorised by the Board on 13 April 2024 and signed on its behalf by:

B B Harper

B B Harper

Director



**LCSP Register of Remedial Masseurs
and Manipulative Therapists**

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