



LCSP Register Of Remedial Masseurs And Manipulative Therapists

# Annual General Meeting 2023



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# Annual General Meeting 2023

Notice is hereby given that the Annual General Meeting of the company will be held at the Holiday Inn Milton Keynes East, London Road, Newport Pagnell. MK16 0JA. on Saturday 24th June 2023, commencing at 1100 a.m., when the agenda will be as follows:

1. The President's opening address.
2. Apologies for absence.
3. To receive the Reports and financial statements for the year ended 31st. December 2022. A copy of the reports and statutory accounts has been circulated.
4. To re-appoint Bemment Cooper as reporting accountants to the LCSP Register until the conclusion of the next Annual General Meeting.
5. Elections: To elect Mr. M.R. Eyres as President.
6. Elections: Council of Management:  
(Note 2 below).
  - (a) To confirm re-election of J. Graveson to Council
  - (b) To confirm co-option of J. Revell to Council
7. Any other business already notified to the Secretary.
8. The President's closing remarks.

## Notes:-

1. Any member who is entitled to attend and vote at the above annual general meeting, and is unable to attend, should appoint a proxy to attend and vote on their behalf at the meeting. A proxy form has been circulated.

Please note that all fully paid up members are entitled to vote. Only Honorary members are not entitled to vote.

2. Subject to the elections for President and the Council members, the following members have been / will be appointed and are willing to continue in office for the following terms of office.

B.B. Harper	(2 years)
P. Kelly	(2 years)
J. Revell	(1 year)
S.G. Foster	(1 year)
T. Paine	(2 years)
J. Graveson	(3 years)

# President's Report

## June 2023

Plus ça change, plus c'est la même chose. So said Jean-Baptiste Alphonse, 1808-1890, French novelist. The more things change, the more they stay the same. It is still as true as it probably was 150 years ago. The news bulletins seem to be universally gloomy, don't they. The Russians are still engaged in some sort of genocide in the east of Ukraine, murdering, plundering, destroying. Covid refuses to disappear and the forecasts are that we shall see a pattern rather like influenza where outbreaks occur from time to time. It feels as if we have been deluged with strikes, disrupting our everyday lives. Street and other crime feels as though it is increasing, despite the Government telling us the opposite. Yet another report has been issued criticising the police, this time the Met. Yes, the world doesn't seem to learn and we hear it again and again; war, disease and pestilence, civil unrest, crime and of course the cost of living.

But amongst it all, we can probably count ourselves lucky. We got through the winter, Covid does not now seem to produce fatalities in significant numbers, and we don't have the horrendous natural disasters that regularly affect other parts of the world. Spring has sprung and the trees are bedecked with the abundance of greenery, and flowers are showing themselves in a riot of profusion. On a late spring or early summer day, one can sit in a garden or a park, listen to the birds singing, and watch fluffy clouds scudding across the sky. We have a lot to be grateful for.

I can also reflect on having had a wonderful eleven years as President of your LCSP. It has been a privilege and a pleasure. So much has been achieved by the Team which drives the organisation, that the

LCSP is stronger and more in tune with the current demands of the membership than it was a decade ago. The Society has a brilliant Board of which the diversity has increased over the last couple of years, with the stalwart Beryl Harper, Past President but one, Melvyn Eyres, the President Elect, and Pauline Kelly providing the stability and wisdom of experience. The newer members, Jo Graveson contributing so much to the IT services, Tim Paine adding to our educational expertise and Jade Revell who represents the younger and newer members for whom the world of Remedial Therapy and Massage is evolving, and becoming stronger as the healthcare environment around it evolves.

Les Davies, also on the Board, continues to manage the Society's finances admirably and Vic Johnson manages our investments, which have continued to do well, despite the global problems which have provided challenge. Then there is Christine Frosdick, who masterminds the administration and makes sure that the right things happen at the right time. Finally there is Steve Foster; Fozzy. He is an amazing Secretary, hugely knowledgeable, incredibly supportive, known to just about all the membership and always available for a word of advice, or just to provide a listening ear, either by telephone or in his increasingly legendary coffee mornings. He gives huge numbers of hours to the Register, arranging, negotiating and representing the profession. I am proud to call him a friend and the LCSP is immensely fortunate to enjoy his skills, commitment and talent.

I cannot sign off without reference to the highlight of the last decade. Our Centenary Conference, in June 2019, celebrating one hundred years of the

LCSP. Many practitioners and their families joined the festivities at the De Vere Beaumont Estate in Old Windsor and it was the opportunity for the many members who were able to come to meet and kindle, or rekindle, friendships in this cohesive profession. The work put into making it such a success was huge and everyone associated with the organisation contributed to making it that success. I must also include Mel Hartley, the man who was the administrator for the period, who worked tirelessly with the Secretary and the other team members, but who sadly died in August 2020.

So, I hand over to Melvyn Eyres. Mel has considerable experience and still practises in North London. He is a kind and thoughtful man, who I have been pleased to have known for many years. His knowledge of the business and his understanding of its regulation and the complexities of the administration is excellent. He regularly represents the LCSP with Steve on the various Committees on which the Society's presence is necessary. He will be a brilliant President and the Society will be in safe hands.

So to you all, keep safe, stay well and support the LCSP. Any new members that the Society can attract will ensure that the organisation continues to expand and develop and ensure that all those in membership continue to receive the best information, education and support in the sector.

With my very best wishes,  
**Dr Paul Lambden**



# Directors Report 2023

With the passing of time the problems of Covid seem to have abated to a level where our working practices and lives have once again regained some measures of normality. Whilst that particular problem has eased our concerns are now very much focused on the presenting economic factors such as energy costs, inflation, cost of living etc, all of which has a very direct influence and consequence to us all as practitioners, business owners, employers and of course the LCSP as your Professional Association.

This annual report is to show you, the members, how we are performing within our sector and within the regulatory, financial and other related areas in our efforts to maintain our position as one of the leading independent Professional Associations during these trying times.

The continuation of external validation and regulation of our therapy sector continues and it was the GCMT that launched the first National Register for Massage Therapists 20 years ago, and it is now 15 years since the CNHC opened its own first Register. Both of these bodies continue to maintain communication lines to Government and stakeholders within our industry and we are well represented on both these bodies with Melvyn Eyres and Steve Foster having executive positions within each.

Our longer term strategy for recruitment has been boosted with our partnership with 'Sports Therapy UK' and our market position is being enhanced with a more pro-active and aggressive marketing campaign including targeted and specific advertising and editorial content in trade specific

publications. There has been continued investment in both the website and social media accounts of the Register. The LCSP website is a major resource with researched articles, members section and now several Affiliated Business Partnerships with trade suppliers. We are indebted to Jo Graveson who has undertaken the supervision of this area of development.

One area that has been a great success for the Register and its individual members has been the ongoing Zoom Coffee Mornings. This was initially the brainchild of our Secretary Steve Foster during the Covid lockdowns which at that time proved invaluable to so many people in sharing concerns, sourcing required PPE and getting the latest protocols to enable us to continue treating patients. These have continued and are now a regular monthly event alternating between a specialised lecture tutorial and a general catch up and opportunity to meet fellow therapists and exchange ideas or pose questions. These coffee mornings are a great opportunity for members and students alike to meet and interact and benefit from the family atmosphere that is and defines the LCSP Register. We send our thanks to the many regular attendees and extend the invitation to others to join us.

The continuing success and development of the Register is very much based around a team effort with focused and dedicated Board members who give their time, expertise and experience freely to assist the Register in general or to support individuals if required. Our Finance Officer Les Davies is a prudent guardian of our finances and together with Vic Johnson have between them maintained our financial position in these most

difficult of times. One of the unsung hero's of the Register who deserves credit for her discretion, sympathy and understanding is our Welfare Officer, Pauline Kelly who maintains and acts as a conduit for any member in a situation of distress.

No report would be complete without making mention of the day to day running of the administration office which is so ably fulfilled by Christine Frosdick, who provides the human face and voice every morning to enquiries and questions and provides the service that members can trust in these difficult times. Finally, there is Steve Foster

our Secretary, 'Fozzy' has a wealth of experience and his constant accessibility is so appreciated by all members. With Steve seamlessly maintaining the stability of the LCSP Register we continue to strengthen and sustain our objectives for our organisation for the longer term future.

For and on behalf of the Directors

**LCSP Register of Remedial Masseurs  
& Manipulative Therapists.**  
June 2023.



# Annual Report and Unaudited Financial Statements

for the Year Ended 31 December 2022

## Company Information

Directors	<b>B B Harper</b> <b>V S Pugh</b>
Company secretary	<b>S G Foster</b>
Registered office	<b>38A High Street</b> <b>Lowestoft</b> <b>Suffolk</b> <b>NR32 1HY</b>
Accountants	<b>Bemment Cooper</b> <b>101 Bridge Road</b> <b>Lowestoft</b> <b>NR32 3LN</b>



## Accountants' Report to the Board of Directors on the Preparation of the Unaudited Statutory Accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists for the Year Ended 31 December 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists for the year ended 31 December 2022 as set out on pages 3 to 4 from the company's accounting records and from information and explanations you have given us.

This report is made solely to the Board of Directors of LCSP Register Of Remedial Masseurs And Manipulative Therapists, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists and state those matters that we have agreed to state to the Board of Directors of LCSP Register Of Remedial Masseurs And Manipulative Therapists, as a body, in this report. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than LCSP Register Of Remedial Masseurs And Manipulative Therapists and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that LCSP Register Of Remedial Masseurs And Manipulative Therapists has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of LCSP Register Of Remedial Masseurs And Manipulative Therapists. You consider that LCSP Register Of Remedial Masseurs And Manipulative Therapists is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of LCSP Register Of Remedial Masseurs And Manipulative Therapists. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

*Bemment Cooper*

Bemment Cooper  
101 Bridge Road  
Lowestoft  
NR32 3LN  
4 May 2023

## LCSP Register Of Remedial Masseurs And Manipulative Therapists

(Registration number: 04218641)  
Balance Sheet as at 31 December 2022

	2022	2021
	£	£
Fixed assets	<u>408,828</u>	<u>409,166</u>
Current assets	224,224	253,748
Prepayments and accrued income	8,228	5,141
Creditors: Amounts falling due within one year	<u>(11,212)</u>	<u>(10,477)</u>
Net current assets	<u>221,240</u>	<u>248,412</u>
	<u>630,068</u>	<u>657,578</u>
Capital and reserves	<u>630,068</u>	<u>657,578</u>

### 1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

38A High Street  
Lowestoft  
Suffolk  
NR32 1HY

These financial statements were authorised for issue by the Board on 19 May 2023.

### Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

### 2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 8 (2021 - 7).

## LCSP Register Of Remedial Masseurs And Manipulative Therapists

(Registration number: 04218641)  
Balance Sheet as at 31 December 2022

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the Board on 19 May 2023 and signed on its behalf by:

*B B Harper*

B B Harper

Director



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and Manipulative Therapists**

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